



TIDBITS

From Louisville to tables anywhere

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STARTING YOUNG

Janie Herbener, a fourth-grader at Lexington's School for the Creative and Performing Arts, makes a guest appearance on Spatulatta.com this week.

"It's a Web site for children to teach other children to cook," producer Gaylon Emerzian said. "With kid-friendly recipes, it's real kids, real food, real fun. It's a kid-to-kid sort of thing. We try to get a different set of recipes up every week."

Janie's segment is "Picnic-a-go-go. Food you could take on a picnic. It's things like taco-to-go, berry dip-and-roll, which tastes like strawberry cheesecake, and cutie cukes, which are cucumber sandwiches in cut shapes," she said.

The Web site is designed for children ages 6 to 10. "Lots of times, kids like to cook, but they don't know any recipes. This way, they can see other kids' recipes and maybe make up some of their own," Janie said.